

Following Jesus is an intentional activity. In order to grow toward being more like Christ, we need a plan to spend quality time with him and to focus on His transforming work in our lives. This simple growth plan can help you identify areas in your life where you need to be stretched.

We encourage you to prayerfully consider at least 2 or 3 areas where you need God's help. Then make a commitment – done best in community with a friend – to pursue 'growing in the grace and knowledge of our Lord and Saviour Jesus Christ' (2 Peter 3:18) in those areas.

Carving out some time to listen to God's Spirit, asking him what you need, would be your first step in this process. Note that the 6 areas for growth listed down the first column of the plan are core components for every disciple's life.

The suggested items for focus in the next two columns are there to stimulate your thinking as to what step might be helpful in your spiritual life. This plan is a guide and not exhaustive in scope, so please feel free to add to the suggested growth items, as the Spirit leads you.

If you are interested in learning alongside someone else for encouragement and accountability or to have someone help you design your plan, please contact **Pastor Dave Roberts** at the Church Office or email [daveroberts@westhighland.org](mailto:daveroberts@westhighland.org).



# MY SPIRITUAL GROWTH PLAN

Not that I have already obtained all this,  
or have already been made perfect,  
but I press on to take hold of that  
for which Christ Jesus took hold of me.  
**PHILIPPIANS 3:12**



**West Highland**

Making the *Word* fully known

#### CHURCH OFFICE:

1605 Garth Street, Hamilton, Ontario L9B 1X8  
Tel: 905-387-5385 | Fax: 905-387-1685  
[westhighland@westhighland.org](mailto:westhighland@westhighland.org)  
[www.westhighland.org](http://www.westhighland.org)



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# My growth plan...

## Core Components

## Personal Places

## Relational Spheres

<b>PRAYER</b>	<ul style="list-style-type: none"><li>- Sin to confess/Request forgiveness</li><li>- A regular quiet time to develop</li></ul>	<ul style="list-style-type: none"><li>- A prayer partner to find</li></ul>
<b>THE WORD</b>	<ul style="list-style-type: none"><li>- Scripture to memorize</li></ul>	<ul style="list-style-type: none"><li>- A TREC course to take</li></ul>
<b>FELLOWSHIP</b>	<ul style="list-style-type: none"><li>- Reconciliation to seek</li></ul>	<ul style="list-style-type: none"><li>- A small group to join</li></ul>
<b>WITNESS</b>	<ul style="list-style-type: none"><li>- A neighbour to pray for</li></ul>	<ul style="list-style-type: none"><li>- A relationship to foster</li></ul>
<b>CHARACTER</b>	<ul style="list-style-type: none"><li>- A bad habit to break</li><li>- A discipline to develop</li></ul>	<ul style="list-style-type: none"><li>- A mentoring relationship to begin</li></ul>
<b>SERVICE</b>	<ul style="list-style-type: none"><li>- A gift to discover</li><li>- Faith to exercise in my giving</li></ul>	<ul style="list-style-type: none"><li>- A ministry to volunteer for</li></ul>