

Following Jesus is an intentional activity. In order to grow toward being more like Christ, we need a plan to spend quality time with him and to focus on His transforming work in our lives. This simple growth plan can help you identify areas in your life where you need to be stretched.

We encourage you to prayerfully consider at least 2 or 3 areas where you need God's help. Then make a commitment – done best in community with a friend – to pursue 'growing in the grace and knowledge of our Lord and Saviour Jesus Christ' (2 Peter 3:18) in those areas.

Carving out some time to listen to God's Spirit, asking him what you need, would be your first step in this process. Note that the 6 areas for growth listed down the first column of the plan are core components for every disciple's life.

The suggested items for focus in the next two columns are there to stimulate your thinking as to what step might be helpful in your spiritual life. This plan is a guide and not exhaustive in scope, so please feel free to add to the suggested growth items, as the Spirit leads you.

If you are interested in learning alongside someone else for encouragement and accountability or to have someone help you design your plan, please contact **Pastor Dave Roberts** at the Church Office or email daveroberts@westhighland.org.

Additional copies of this plan can be found at www.westhighland.org under "Prayer".



MY SPIRITUAL GROWTH PLAN



West Highland

Making the *Word* fully known

CHURCH ADDRESS:

1605 Garth Street, Hamilton, Ontario L9B 1X8

CHURCH OFFICE:

393 Rymal Road West, Suite 205
Hamilton, Ontario L9B 1V2
Tel: 905-387-5385 | Fax: 905-387-1685
westhighland@westhighland.org
www.westhighland.org

Not that I have already obtained all this,
or have already been made perfect,
but I press on to take hold of that
for which Christ Jesus took hold of me.
PHILIPPIANS 3:12



West Highland

Making the *Word* fully known

My growth plan...

Core Components

Personal Places

Relational Spheres

PRAYER	<ul style="list-style-type: none">- Sin to confess/Request forgiveness- A regular quiet time to develop	<ul style="list-style-type: none">- A prayer partner to find
THE WORD	<ul style="list-style-type: none">- Scripture to memorize	<ul style="list-style-type: none">- A TREC course to take
FELLOWSHIP	<ul style="list-style-type: none">- Reconciliation to seek	<ul style="list-style-type: none">- A small group to join
WITNESS	<ul style="list-style-type: none">- A neighbour to pray for	<ul style="list-style-type: none">- A relationship to foster
CHARACTER	<ul style="list-style-type: none">- A bad habit to break- A discipline to develop	<ul style="list-style-type: none">- A mentoring relationship to begin
SERVICE	<ul style="list-style-type: none">- A gift to discover- Faith to exercise in my giving	<ul style="list-style-type: none">- A ministry to volunteer for